ATHLETIC TRAINING PROGRAM
PRE-PROFESSIONAL STUDENTS ADVISING – SUMMER AND FALL 2019
FOR STUDENTS APPLYING TO THE AT PROFESSIONAL PROGRAM SPRING 2019

Recommended Courses for Students Applying to the Athletic Training Program in Spring 2019
• BSC 215 – Human Anatomy (4)
• NHM 315 – Nutrition for Performance (3)
• ATR 300 – Foundations of Athletic Training (3) (enrollment set at ZERO)
• ATR 305 – Clinical Biomechanics for Healthcare Professionals (3) (enrollment set at ZERO)
• ATR 310 – Clinical Skills I (1) (enrollment set at ZERO)
• Complete Core Curriculum Requirements
• Electives

**ADMITTED AT PROGRAM STUDENTS MUST MAINTAIN A 2.50 CUMULATIVE GPA**

1. Melinda Lake is your academic advisor. You must sign up for a 30 minute time slot using this link: https://ua-app01.ua.edu/sso/public/esars/HES
   OR
   CLICK HERE TO MAKE AN APPOINTMENT

2. You should consider what you will do if you are NOT accepted to this spring. Bring a BACKUP PLAN with you when you come to advising! Be prepared to discuss these options with your advisor.

3. Review all Core Curriculum requirements– Pull up Degree Works in myBama and look under “General Education-Human Environmental Sciences” to see which Core requirements you have remaining. Also consult the UA Catalog for your specific requirements: UA CATALOG - CORE REQUIREMENTS

4. You must be ORGANIZED and have an outline of the courses that you want to take prior to your scheduled advising appointment.

5. Courses in Nutrition, Physics and Chemistry are recommended as electives.

6. Schedule all academic classes early in the morning. If you are admitted, the majority of your clinical education experience will occur in the afternoon. Clinical Skills Lab is open from 9-12 WF. It is very important that your schedule allow you to attend CSkills lab!!!!! (See ATR 310 Lab times below).

7. Specific athletic training classes offered in fall 2019:
   • ATR 300 – Foundations of Athletic Training (3) lecture TR 11:00a-12:15p AND lab M 10:00-11:50a
   • ATR 305 – Clinical Biomechanics (3) lecture TR 9:30-10:45a
   • ATR 310 – Clinical Skills I (1) WF 9:00-10:00a, 10:00-11:00a OR 11:00a-12:00p

DO NOT BE LATE FOR YOUR APPOINTMENT. IF YOU HAVE A CONFLICT, RESCHEDULE. PLEASE BE COURTEOUS TO OTHER STUDENTS. IF YOU CANNOT MAKE ANY OF THE TIMES LISTED ON THE LINK, PLEASE EMAIL MELINDA LAKE AT mrlake@ua.edu TO MAKE OTHER ARRANGEMENTS.

ALL ADVISING WILL TAKE PLACE IN 433 RUSSELL HALL

DIRECTIONS TO 433 RUSSELL HALL: Take the front entrance to Russell and then take the lobby elevator to the 4th floor. When you step off the elevator, walk through the seating area and take a left. Room 433 is the 2nd door on the left.

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ATHLETIC TRAINING PROGRAM PROFESSIONAL COURSE SEQUENCING

FIRST SEMESTER – FALL – FIRST YEAR STUDENT
ATR 300     Foundations of Athletic Training  NHM 315     Nutrition for Performance
ATR 305     Clinical Biomechanics  ATR 310     Clinical Skills I
BSC 215     Human Biology I  CORE CURRICULUM REQUIREMENTS

SECOND SEMESTER – SPRING – FIRST YEAR STUDENT
ATR 320     Clinical Skills II  BSC 216     Human Biology II
ATR 357     Exam & Diagnosis I  MA 113     Precalculus Trigonometry
CORE CURRICULUM REQUIREMENTS

THIRD SEMESTER – FALL – SECOND YEAR STUDENT
ATR 358     Exam & Diagnosis II  PH 101     General Physics
ATR 410     Clinical Skills III  CORE COURSE REQUIREMENTS
ATR 457     Ther Intervention: Ther Modalities  ELECTIVES

FOURTH SEMESTER – SPRING – SECOND YEAR STUDENT
ATR 360     Exam & Diagnosis III  KIN 492     Physiology of Exercise
ATR 420     Clinical Skills IV  ELECTIVES
ATR 456     Ther Intervention: Rehab & Recon

SUMMER AFTER SECOND YEAR
ATR 453     Applied Clinical & Research Skills

FIFTH SEMESTER – FALL – THIRD YEAR STUDENT
ATR 440     Clinical Skills VI  ATR 455     Pharmacology & Pathology
ATR 450     Seminar  ELECTIVES

SIXTH SEMESTER – SPRING – THIRD YEAR STUDENT
ATR 440     Clinical Skills VI  INTERNSHIP/FELLOWSHIP OPPORTUNITIES
ATR 458     Seminar  BOC CERTIFICATION EXAMINATION
ELECTIVES