

ATHLETIC TRAINING PROGRAM
PRE-PROFESSIONAL STUDENTS ADVISING – SUMMER AND FALL 2019
FOR STUDENTS APPLYING TO THE AT PROFESSIONAL PROGRAM SPRING 2019

Recommended Courses for Students Applying to the Athletic Training Program in Spring 2019

- BSC 215 – Human Anatomy (4)
- NHM 315 – Nutrition for Performance (3)
- ATR 300 – Foundations of Athletic Training (3) **(enrollment set at ZERO)**
- ATR 305 – Clinical Biomechanics for Healthcare Professionals (3) **(enrollment set at ZERO)**
- ATR 310 – Clinical Skills I (1) **(enrollment set at ZERO)**
- Complete Core Curriculum Requirements
- Electives

****ADMITTED AT PROGRAM STUDENTS MUST MAINTAIN A 2.50 CUMULATIVE GPA****

1. **Melinda Lake is your academic advisor. You must sign up for a 30 minute time slot using this link:**
<https://ua-app01.ua.edu/ssso/public/esars/HES>
 OR
[CLICK HERE TO MAKE AN APPOINTMENT](#)
2. You should consider what you will do if you are NOT accepted to this spring. Bring a **BACKUP PLAN** with you when you come to advising! Be prepared to discuss these options with your advisor.
3. Review all Core Curriculum requirements– Pull up Degree Works in myBama and look under “General Education-Human Environmental Sciences” to see which Core requirements you have remaining. Also consult the UA Catalog for your specific requirements: [UA CATALOG - CORE REQUIREMENTS](#)
4. You must be **ORGANIZED** and have an outline of the courses that you want to take prior to your scheduled advising appointment.
5. Courses in Nutrition, Physics and Chemistry are recommended as electives.
6. Schedule all academic classes early in the morning. If you are admitted, the majority of your clinical education experience will occur in the afternoon. Clinical Skills Lab is open from 9-12 WF. It is very important that your schedule allow you to attend CSkills lab!!!!!! (See ATR 310 Lab times below).
7. Specific athletic training classes offered in fall 2019:
 - ATR 300 – Foundations of Athletic Training (3) lecture TR 11:00a-12:15p **AND** lab M 10:00-11:50a
 - ATR 305 – Clinical Biomechanics (3) lecture TR 9:30-10:45a
 - ATR 310 – Clinical Skills I (1) WF 9:00-10:00a, 10:00-11:00a **OR** 11:00a-12:00p

DO NOT BE LATE FOR YOUR APPOINTMENT. IF YOU HAVE A CONFLICT, RESCHEDULE. PLEASE BE COURTEOUS TO OTHER STUDENTS. IF YOU CANNOT MAKE ANY OF THE TIMES LISTED ON THE LINK, PLEASE EMAIL MELINDA LAKE AT mrlake@ua.edu TO MAKE OTHER ARRANGEMENTS.

ALL ADVISING WILL TAKE PLACE IN 433 RUSSELL HALL

DIRECTIONS TO 433 RUSSELL HALL: Take the front entrance to Russell and then take the lobby elevator to the 4th floor. When you step off the elevator, walk through the seating area and take a left. Room 433 is the 2nd door on the left.

Advising Dates

| FEBRUARY (Early Advising) | MARCH | APRIL (Late Advising) |
|---------------------------|-------|-----------------------|
| 18-22 | 4-8 | 1-5 |
| 25-28 | 18-22 | |
| | 25-29 | |

ATHLETIC TRAINING PROGRAM PROFESSIONAL COURSE SEQUENCING

FIRST SEMESTER – FALL – FIRST YEAR STUDENT

| | | | |
|---------|----------------------------------|------------------------------|---------------------------|
| ATR 300 | Foundations of Athletic Training | NHM 315 | Nutrition for Performance |
| ATR 305 | Clinical Biomechanics | ATR 310 | Clinical Skills I |
| BSC 215 | Human Biology I | CORE CURRICULUM REQUIREMENTS | |

SECOND SEMESTER – SPRING – FIRST YEAR STUDENT

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|------------------------------|--------------------|---------|--------------------------|
| ATR 320 | Clinical Skills II | BSC 216 | Human Biology II |
| ATR 357 | Exam & Diagnosis I | MA 113 | Precalculus Trigonometry |
| CORE CURRICULUM REQUIREMENTS | | | |

THIRD SEMESTER – FALL – SECOND YEAR STUDENT

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|---------|------------------------------------|--------------------------|-----------------|
| ATR 358 | Exam & Diagnosis II | PH 101 | General Physics |
| ATR 410 | Clinical Skills III | CORE COURSE REQUIREMENTS | |
| ATR 457 | Ther Intervention: Ther Modalities | ELECTIVES | |

FOURTH SEMESTER – SPRING – SECOND YEAR STUDENT

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|---------|----------------------------------|-----------|------------------------|
| ATR 360 | Exam & Diagnosis III | KIN 492 | Physiology of Exercise |
| ATR 420 | Clinical Skills IV | ELECTIVES | |
| ATR 456 | Ther Intervention: Rehab & Recon | | |

SUMMER AFTER SECOND YEAR

ATR 453 Applied Clinical & Research Skills

FIFTH SEMESTER – FALL – THIRD YEAR STUDENT

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|---------|-------------------|-----------|--------------------------|
| ATR 454 | Healthcare Admin | ATR 455 | Pharmacology & Pathology |
| ATR 430 | Clinical Skills V | ELECTIVES | |

SIXTH SEMESTER – SPRING – THIRD YEAR STUDENT

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|-----------|--------------------|-------------------------------------|--|
| ATR 440 | Clinical Skills VI | INTERNSHIP/FELLOWSHIP OPPORTUNITIES | |
| ATR 458 | Seminar | BOC CERTIFICATION EXAMINATION | |
| ELECTIVES | | | |